



York College of Pennsylvania / WellSpan Health NURSE ANESTHETIST PROGRAM

Vigilance, Knowledge, and Compassion

SPRING 2013

SPECIAL POINTS OF INTEREST:

- YCP/WH Junior students represent well at Allegheny Anesthetists Spring Conference
- Novice class hosts 4th Annual APDS
- Senior Class getting ready for graduation!

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4th Annual APDS: Fit for Duty?

On March 16, 2013 the York College of Pennsylvania/WellSpan Health's Class of 2015 hosted faculty, current students, alumni, prospective students as well as current CRNAs from area hospitals for a day long seminar about topics regarding *the unfit anesthesia provider*. The professional development seminar has become an annual event for the program, allowing students in the novice class the opportunity to plan and execute a professional meeting. Not only did the experience provide helpful insight as to the details that must go into organizing such an event, but it also gave students the valuable opportunity to present their topics in front of a large audience.

Topics included historical reviews of the CRNA profession including a few of the landmark legal cases that played a major

role in CRNA professional development, as well as a look at the development of CRNA school program curricula specifically regarding educational requirements for regional anesthesia practices. Other topics covered the anesthesiologist assistant and their role as anesthesia care providers, the disruptive and fatigued provider. The abuse of anesthetic agents as well as non-anesthetic agents by the impaired provider was also presented.

Guest speaker Bonjo Batoon, CRNA, MS discussed aspects of the CRNAs role in shock trauma, including the most up to date information regarding mass transfusion protocols, patient monitoring, and other aspects of patient care that have been part of his experience at the R Adams Cowley Shock Trauma Center at the University of Maryland Medical Center in Baltimore, MD.

The Class of 2015 would like to thank those who generously donated to help make this day a great success!

Congratulations to the Class of 2015 on a job well done.

For those of you who missed out on this opportunity, the Class of 2016 will be organizing the 5th Annual Professional Development Seminar scheduled for next spring. Don't miss out on this great educational opportunity— continuing education credits are awarded! Stay tuned for more information.



Simulation Experience

Students from YCP/WH's Nurse Anesthetist program hosted high school students from Hanover High School for a day of instruction in the simulation center. This opportunity was organized by novice student Sarah Rohrbaugh and the director of York Hospital's Simulation Center Duane Patterson, PhD. The experience gave students the opportunity to learn skills such as taking blood pressures, IV inser-

tion, intubation and basic CPR as well as learn about different health professions. The students had fun trying out their new skills and the SRNAs enjoyed the opportunity to talk about their profession and talk about what they had learned. We will be looking forward to similar opportunities with other local high schools in the coming months.



Allegheny Anesthetists

Students, faculty, and alumnus Robin Crowley from YCP/WH's CRNA program attended the annual spring conference sponsored by Allegheny Anesthetists on April 6th-7th at St. Vincent's College in Latrobe, PA. Students and faculty from several other Pennsylvania CRNA programs were also in attendance. York College/WellSpan Health was well represented as three members of the Junior class presented. Their presentations were very well received by all



those in attendance.

Emily Decker described the possible dangers and safety issues of monitored anesthesia care. Amy Crerand-Reed presented on the history of Curare and was awarded the first place prize of \$1,000 for her work!! Finally, Jason Huffman was awarded second place, a \$500 prize, for his discussion on artificial hemoglobin and its possible future implications for the anesthetist.

Congratulations to all three presenters for a job well done,

especially Amy and Jason for sweeping the top spots! Thank you for representing York College/WellSpan Health's Nurse Anesthetist Program so well!

We are especially grateful to Howard Armour, CRNA and James Fink, CRNA of Allegheny Anesthetists for their continued support of nurse anesthesia education.



Class of 2016 SRNA Orientation

On Friday, April 12th, the incoming Class of 2016 had the opportunity to meet and speak with faculty members. Dr. March, Dr. Pugh, Dr. Riley-Giomariso, Dr. Harrington, Dr. Fenstermacher, Dr. Haas, Professor Lowe, and Professor Burnett were present at the SRNA New Student Orientation organized for them by current novices Valentyna Groelle and Susan Medina. The meet

and greet allowed the Class of 2016 to learn about what the program expectations as well as to have any questions answered. Other important housekeeping details were reviewed, including clinical paperwork requirements as well as different financial aid opportunities. The program also included a presentation by Valentyna and Susan that covered the program history,

book purchases, technology supplies, tips for organization and success, a review of fall semester classes, and an opportunity for more questions and answers. Finally, the new students had an opportunity to meet with their mentors from the Class of 2015, followed by lunch with program faculty at Bistro 19 in downtown York. Enjoy your summer Class of 2016, see you in August!



A Special Gift...

It's not everyday that you get to see an anesthesia text from (1948). But now, thanks to Matthew Kervin, CRNA, MS a former student of Dr. Haas as well as faculty member at the Medical College of Georgia in Augusta, GA, this interesting piece of history is now a part of Dr. Haas's library. Especially interesting is the chapter on "Reviving the 'Dead'". Maybe students will get some of this in future lectures?! Thank you Mr. Kervin for this wonderful gift!



PANA Spring Symposium

The PANA Spring Symposium was held at the Hotel Hershey May 2-5, 2013. Program faculty, alumni, and several current students attended,



getting the opportunity to enjoy excellent presentations, good food, and good company. YCP/WH was well represented, with several student presentations and a competitive run at the Annual College Bowl competition. Junior Amy Crerand-Reed presented on the importance of thermoregulation in the OR and Junior Jamie Caudill presented on the newest research regarding the importance of the Dopamine receptor. Even the novice class was represented, as Sarah Rohrbaugh had the opportunity to introduce

the intercollegiate presentations with a summary of the past, present and future of simulation and its importance to the education of future CRNAs.

To top off a great weekend, Dr. Haas was awarded Program Director of the Year!!! Congratulations Dr. Haas and thank you for all you do for our Program!!!

Hope to see you there next year!!!



Professional Development

On February 28th as part of York College of Pennsylvania/Wellspan Health CRNA program's monthly professional development seminars (Final Friday Forum), students, faculty and alumni were privileged to hear from Robert D. Barraco, MD, MPH, FACS, FCCP, Chief of Geriatric Trauma at the Lehigh Valley Health Network in Allentown, PA. The topic of his presentation was trauma in the elderly population. Since this patient demographic will continue to be the majority of those utilizing our healthcare system, it is vitally important for all healthcare providers to be aware of best practice standards when caring for this population. Points of discussion included a review of the various body system changes that occur with aging, the most common mechanisms of injury for this population, as well as the factors affecting outcomes and mortality in elder trauma. As it stands now, the triage and activation of elderly patients is not very efficient, resulting in high mortality rates for these trauma patients. The focus was on how models of care for this patient population, including their initial evaluation and management, need to change in order to improve overall rates of mortality following trauma. The important message for the nurse anesthetist was to be vigilant regarding pre-operative assessment for operation candidacy by using tools such as the Frailty

Index as a predictor of surgical morbidity and mortality in the elderly.

On Friday, March 22nd the speakers for Final Friday Forum were Tom Miller, CFP, ChFC, CLU, CASL and Jeb Wagner from uFinancial Group in Camp Hill, PA. Tom and Jeb are financial advisors and work with a variety of clients in helping them to achieve their financial goals and objectives. Tom is a Certified Financial Planner and both Tom and Jeb are experts in risk management, wealth accumulation, and wealth preservation, and distribution strategies. They spoke to students and faculty on basic financial planning topics that will help to build a solid financial foundation as students graduate from the program and enter into full-time careers. Topics included debt management, in particular student loans, as well as other financial planning considerations. As a benefit, those who were in attendance had the opportunity to set up complementary consultations with Mr. Miller and Mr. Wagner to review personal financial plans. The information was helpful for all, especially the seniors!!!

The York College of Pennsylvania/WellSpan Health Nurse Anesthetist Program would like to thank Dr. Barraco, Mr. Miller and Mr. Wagner for their time and support of our students and their clinical and professional growth.



Dr. Haas Named Director Of Graduate Programs



Congratulations to Richard E. Haas, PhD, CRNA, who has been named the Director of Graduate Programs in Nursing and the Doctor of Nursing Practice Program at York College effective June 1st. He will add this new role to his current position as Program Director of the YCP/WH Nurse Anesthetist Program. He will be replacing Linda Pugh, PhD, RNC, FAAN who is retiring May 31st. We all would like to congratulate Dr. Haas on his new appointment.

Congratulations Dr. Haas!



*Congratulations
on your retirement
Dr. Linda Pugh!
Thank you for all
you have done for
our program!*



Class Updates

Congratulations to the Class of 2014 for completing the didactic portion of their anesthesia education!!! The whole class is excited to venture into their last year which will include more clinical hours and board review. Keep up the great work!!! Congratulations are also in order for the Class of 2015 as they completed their graduate program core classes and their first two semesters of the program. They are getting geared up for a full and busy summer, excited to spend some time practicing what they've learned so far!

Not forgetting our senior class who will be participating in Convocation on May 17th and Commencement May 18th. We are all so proud of the hard work you have put into this program and are very excited to see the great anesthesiologists you will become. Enjoy this time to celebrate with family and friends, you deserve it! Stay tuned for a special graduation issue of the NAP news which will be out later this summer!!!!





Questions? Comments? Suggestions?
717.815.1462

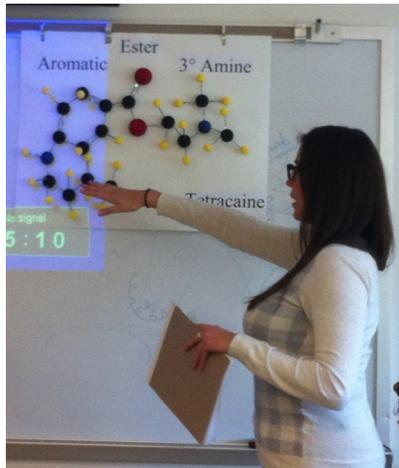
Student Writer and Editor Heather Baglio
Chief Editor Dr. Haas
Publisher Diane Dube'



**Application Deadline:
July 1st for Fall of 2014
Candidate Interviews
October 14th and 15th**



**2013 Annual Meeting
Las Vegas, NV
August 10-13**



Final Friday Forum Schedule 2013

- May 17 -Alumni Hall*
- June 28 -Summer Olympics*
- July 26 -TBA
- August 30 - Alumni Hall*
- September 27-Alumni Hall
- October 25-Alumni Hall
- December 6- Alumni Hall*

*denotes students only FFF's. **Visitors must RSVP one week prior to crna@ycp.edu.



Save the Date!!!

Annual YCP/WH CRNA Picnic

Saturday, August 24, 2013 Samuel Lewis State Park

