



# York College of Pennsylvania / WellSpan Health **NURSE ANESTHETIST PROGRAM**

*Vigilance, Knowledge, and Compassion*

## SPRING 2011 NAP News

### CRNA WEEK ACTIVITIES

Every year, CRNAs nationwide celebrate National Nurse Anesthetists' Week during the last full week in January. CRNA Week 2011 was an exceptionally busy one for York College of Pennsylvania/Wellspan Health Nurse Anesthesia Program students. Various activities were conducted from January 23 – 29 so that SRNAs could proudly represent the profession they are preparing to enter, while simultaneously giving back to the community in which they study.

Alumni co-chairs, Luis Lara and Brooke Allen, organized volunteer service at the York Rescue Mission for each day of CRNA Week.



Class of 2013 Emily, Mike, Poonam & Kara

A grand turnout indeed, there were 17 current students from the program, as well as 8 family member and friends of students who offered their time and service to those in need. Novice class volunteers included Jeremy Bullock, Amanda Rossman, John Lauro, Poonam Upreti, Mike Adams, Emily Kaiser, Kara Witmer, Jung Ju, Sonhi Kim, and Cathy Lawry. Junior class volunteers included Michele Taylor, Brooke Allen, Luis Lara, Anne Parson, and Jessica Leathery. Senior class volunteers included Katie Jensen and Karin Sommer. The generous number of nurse anesthesia students in attendance at this effort proved that no amount of class and clinical obligations can hold them back from giving to the community on this special week!



Class of 2011 graduate Karin Sommer with her Husband & Son (Left)  
Class of 2012 Jessica Leathery (Right)

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**CRNA WEEK ACTIVITIES 'CONTINUED**

Volunteering at the York Rescue Mission was only one of the efforts during CRNA Week 2011. Senior class member Marci Baity provided celebratory materials from AANA to all program SRNAs, including pins and pens for all (as well as printed information about our profession). Class representatives Poonam Upreti (novice class), Michele Taylor (junior class), and Katie Jensen (senior class) organized a clothing and toy drive with donations given to a local shelter for immediate disbursement; a food drive was also conducted in conjunction with the Pennsylvania Association of Nurse Anesthetists. Table tents and posters promoting acknowledgement of CRNA Week were stationed throughout McKay by junior class members Alicia Harris, Luis Lara, and Brooke Allen.



Class of 2013: Jeremy, Mike, Emily, Amanda, John, Jung (Top) Catherine, Poonam, Kara, Sonhi (Bottom)

The endeavors executed by York College of Pennsylvania/WellSpan Health nurse anesthesia students upheld the tradition of being professional, giving, and valuable to York County residents. May this tradition be carried on for many years to come!

**Welcome Class of 2014**



Class of 2014 with Dr. Haas

Welcome to the York College of Pennsylvania/WellSpan Health Class of 2014!!! This year's orientation process is led by Cathy Lawry and Kara Witmer, was designed to assist the incoming students in having a smooth transition into the rigorous CRNA program. The students were provided with information on financial aid, program requirements, and helpful hints in order to be successful full-time students. Each member of the class of 2014 was also paired with a member of the class of 2013 as part of the mentoring program, which allows for one on one support from the upperclassmen. This student led orientation/mentoring program has proven very beneficial to the current

CRNA students and remains a valuable element in the York College of Pennsylvania/WellSpan Health CRNA program. We look forward to seeing all of you during upcoming events and during the second orientation day in August when additional topics will be discussed. Congratulations on acceptance Class of 2014: Christi Catalano, Jamie Caudill, Amy Crerand, Emily Decker, Jason Huffman, Stacey Loeschner, Kelly Martin, Ashley Piper, & Trina Zito!

*Interested in applying for the class of 2015? You are not too late for the fall application and it's never too late to start! Contact us at [www.yorkcrnaprogram.com](http://www.yorkcrnaprogram.com)*



Class of 2014 with their Class of 2013 Mentor Team

## Congratulations to Dr. Haas and Team for their Award Winning Research



Prof. Burtnett, Dr. Haas, & Dr. Patterson

Dr. Haas has accepted the award for their overall winning abstract at the 11th Annual International Medical Simulation in Healthcare Conference held in New Orleans in January. The research abstract titled "Physiologic Stress Levels during Simulated and Actual Anesthesia Administration by Student Nurse Anesthetists" also won the "Human Factors" category. The abstract was selected from over 700 abstracts accepted at this year's conference. This conference attracts more than 2,700 attendees representing 44 countries. The research team led by Dr. Haas included Duane Patterson, Professor Lowe, Professor Burtnett, Dr. Nater (Univ of Zurich), and Dr. Arbittier.

## AANA Mid-Year Assembly

Senior students, Marci Baity, Sarah Canero, and Tony Frank, along with clinical coordinator George Haritos, CRNA and YCP alumnus Ashley Fedan were thrilled to attend the annual American Association of Nurse Anesthetists (AANA) Mid Year Assembly in Washington, D.C. The conference was filled with lectures regarding current legislative issues such as provider non-discrimination and supervisory opt-out. They also discussed the continued issue of strengthening and maintaining Title 8 nurse education funding. In addition, there was continued discussion regarding the reversal of Medicare anesthesia cuts in an attempt to find a long-term solution for this issue. The students were pleased to meet with federal legislators from the state of Pennsylvania and have an opportunity to discuss these very important issues. Students were privileged to join board members and members of the Pennsylvania Association of Nurse Anesthetists (PANA) on Capitol Hill. The York College of Pennsylvania/WellSpan Health students continue to be appreciative of the support and opportunities provided by PANA during these valuable events.



Senior Marci Baity with Rep Tim Holden

## Anatomy for Acute Pain Medicine Workshop



Alicia Harris participating in the workshop

The junior and senior students of York College of Pennsylvania/WellSpan Health were honored with an invitation to attend the annual Anatomy for Acute Pain Medicine Workshop at Conemaugh Medical Center for the third year. The course was filled with exceptional educational and hands on experience. Juniors and seniors were amazed by the dissection of fresh frozen cadavers that allowed for close examination and understanding of the brachial, sacral, and lumbar plexuses performed by Dr. Franco, Dr. Buckenmier, and Dr. Kent. We benefited from the hands on ultrasound education that allowed for understanding of ultrasound guided peripheral nerve blocks by Dr. Meenan, Dr. Nama, and Dr. Hammudi. We also had the chance to practice neuraxial, paravertebral, and intraosseous placement on fresh frozen cadavers with Dr. Fritz, Dr. Seifert, and Dr. Kansagra. Exceptional education lectures were provided by Col Buckenmier, MD, and Stephanie Thomas, PharmD.

What an amazing educational conference!! A special thanks to Dr. Fritz for your continual support in our education in and outside of the clinical arena. We appreciate your invitation and support in attending this conference annually. Thank you Dr. Fritz and Conemaugh Medical Center.

**YCP/WellSpan Students SHINE!**

**AANA National Writing Contest Winner**

Congratulations to novice student Amanda Rossman for being chosen as the 2011 AANA National Student Writing Contest 1st place winner. Her paper titled "The Physiology of the Nicotinic Acetylcholine Receptor and its Importance in the Administration of Anesthesia" will now be considered for a continuing education course and cash award. Amanda will travel to Boston in August to receive her award at the 78th Annual AANA National Meeting. All SRNA's from the 111 CRNA programs across the United States were eligible to submit papers to this contest. This is an amazing accomplishment!! Great Job Amanda!!



**Student Lecturer Contest Winner**



Ryan & Zahid



Ryan accepting First Place

Novices, juniors, and professors of York College of Pennsylvania/WellSpan Health were pleased to attend the annual Allegheny Anesthetists educational conference. We were honored to have three presenters on the panel this year. Congratulations goes to Ryan Dreikorn for his 1st place presentation titled "Ketamine and Dexmedetomidine in "Wind-Up" Phenomenon". Kudos also goes to Zahid Khan for his excellent presentation on the "Renin-Angiotensin System". Professor Burnett also impressed us with his wealth of knowledge regarding "Fire Safety in the OR". Great job to all the presenters! Novice students are looking forward to the selection of next year's presenters.



A special thank you to Howard Armour and James Fink of Allegheny Anesthetists for their continual support of nurse anesthesia education.

## 2<sup>ND</sup> Annual Professional Development Seminar



From Left: Chairwoman Cathy Lawry and Vice-chairwoman Amanda Rossman

The Class of 2013 organized and presented the 2nd Annual Professional Development Seminar on April 16. An amazing turnout of SRNA's, faculty, alumni, and CRNAs exceeded our expectations. This year's event highlighted topics related to the practice of anesthesia including inhalational anesthetic risks to providers, tattoos and regional anesthesia, simulation, evidenced based practice and the future of anesthesia monitoring and delivery. Historical discussions regarding the evolution of CRNA practice and anesthesia in ancient civilization were also presented. Other hot topics included CRNA supervisory opt-out, medicare cuts, and meeting the challenges of a changing healthcare system.

A special thank you to Art Zwering CRNA, DNP, DAAPM for agreeing to be the guest



Guest speaker Dr. Zwering

speaker for this year's event. His discussion on addiction and wellness remains a very important topic in the field of anesthesia.

We would also like to thank Tim Drazba of Baxter Pharmaceuticals for providing lunch for the event. The Baxter sponsored presentation by Mark Kania, CRNA titled "Airway Irritability: Does Potent Anesthetic Choice Matter?" provided clinically relevant information regarding inhalational anesthetics. Thanks again to all of our sponsors and guest speakers for your continued support.

Congratulations to the class of 2013 for a job well done!! The teamwork exemplified during the preparation and presentation of this seminar upheld the high standards set by the Class of 2012. Great Job!!



John, Jung, Poonam, Cathy, Sonhi  
Amanda, Jeremy, Mike, Emily, Kara

If you missed this amazing student presentation seminar, do not miss it again!! Look for us next April when the Class of 2014 will present the 3rd Annual Profession Development Seminar. Hope to see you there!!

### PANA Spring Symposium

The Pennsylvania Nurse Anesthetist Association (PANA) Spring Symposium held in Hershey, PA, from April 28-May1, was once again a very fascinating and beneficial conference for students and faculty of the York College of Pennsylvania/WellSpan Health CRNA Program. The events were kicked off with the annual enthusiastic ACLS/BLS/PALS renewal course offered by Judy Haluka on Thursday.



John Lauro volunteer

Student presenters from the state of Pennsylvania also presented on some very informative and useful topics. Congratulations to our very own Michelle Taylor for her participation in the intercollegiate presentation "Pennsylvania Nurse Anesthesia Practice: A Historical Perspective". Great Job Michelle!!



Michele Taylor participated in the intercollegiate presentation

Kudos to all of the York College of Pennsylvania/WellSpan Health students for your remarkable attendance and volunteer contributions during the 2011 PANA Spring Symposium.

### College Bowl



Team YCP: Zahid, Jessica, Katie, Karin

The 3rd Annual College Bowl, sponsored by Valley Anesthesia, was held during the PANA Spring Symposium and was exciting and fun for everyone!!

Congratulations to the York College of Pennsylvania/WellSpan Health team: Katie Jensen, Karin Sommer, Zahid Kahn, and Jessica Leathery

for your strong participation!! Our very own Class of 2009 graduate, Ashley Fedan, led the college bowl with an enthusiastic and entertaining performance. Our program director Dr. Richard Haas participated again this year on the panel of judges along with fellow program director Dr. Ann Culp of the University of Scranton. Clinical coordinator George Haritos and Class of 2010 graduate Lauren Penn participated on the CRNA team but were unfortunately defeated this year by the students from the University of Pennsylvania. Great Job to all the participants that represent the York College of Pennsylvania/WellSpan Health CRNA program!!



Cheering Team

Who wants to be on the team for the 4th Annual PANA College Bowl?? Keep up the hard work and studying!!!

Having Fun... at Allegheny



... at Final Friday Forum

... and PANA



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Questions? Comments?

Suggestions?

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